

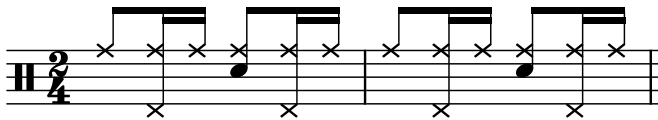
Afrobeat Technical Primer

Coordination Exercises For Afrobeat Drumming

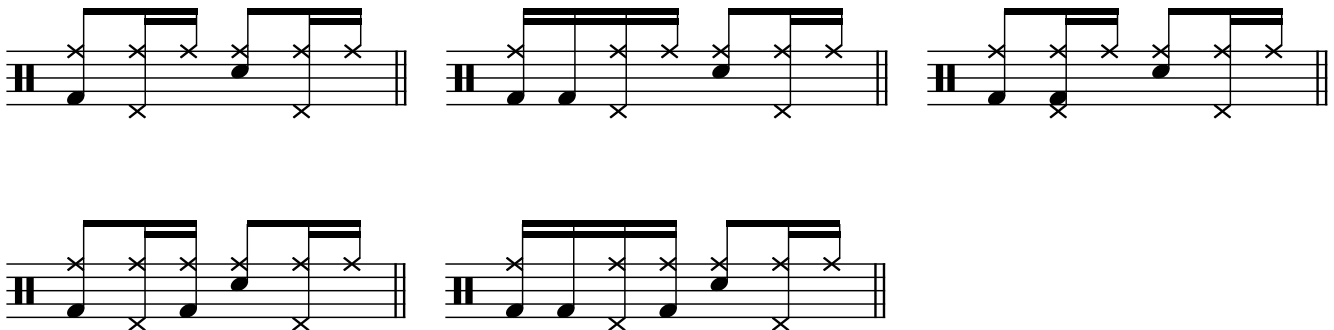
www.joethedrummer.com

Bass Drum Exercises

Baseline Pattern



Bass Variations



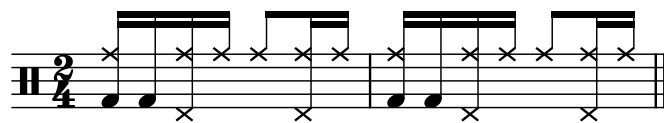
Long Exercise



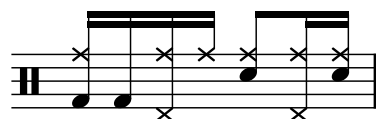
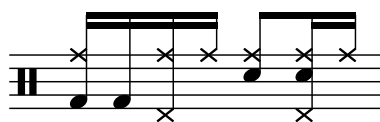
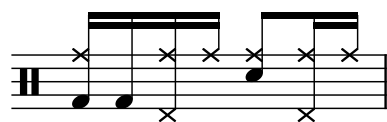
2

Snare Exercises

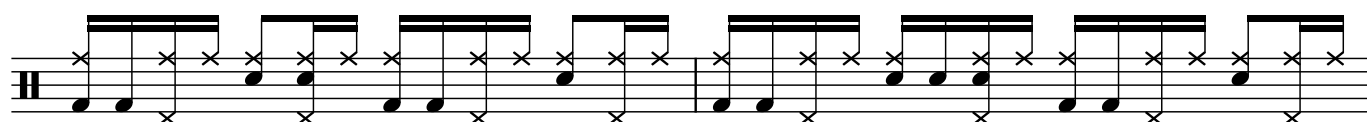
Baseline Pattern



Snare Variations



Long Exercise



Bass and Snare Exercises

These are examples, follow these or mix and match as you like. Then improvise.

