

## Basic Up Stroke and Down Stroke Exercises

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Practice each hand on its own until it feels smooth

The musical notation for the 'Piano' section is written on a single staff in 4/4 time. It consists of five measures of music, each containing a pair of eighth notes beamed together. Above each pair of notes is an accent (>) and a fermata. Below the staff, the notes are transcribed as a sequence of 'U' (up) and 'D' (down) strokes: U D U D U D U D, U D U D U D U D, U D U D U D U D, U D U D U D U D, and U D U D U D U D. The piece concludes with a repeat sign and a double bar line.

Play each hand on its own for two bars

A

Exercise A is a single-staff musical piece in 2/4 time. It consists of 16 eighth notes, grouped into four pairs of four. Each pair is marked with an accent (>) above the first note. The notes are on a single staff, and the piece begins and ends with a double bar line and repeat dots. The notes are: D4, E4, F4, G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6.

D U D U D U D U D U D U D U D

B

D T T U D T T U D T T U D T T T

C

Exercise 1

C

4/4

1 2 3 4

1 2 3 4

1 2 3 4

1 2 3 4

C E G C C E G C C E G C C E G C